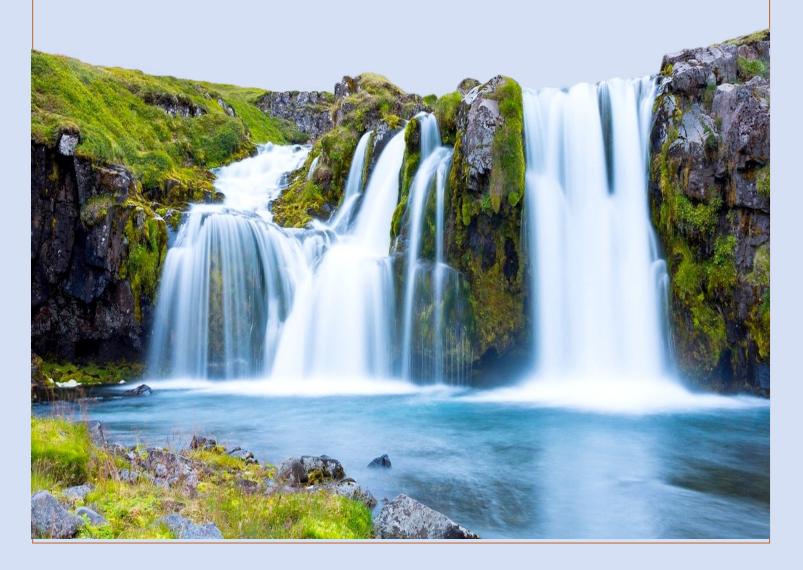
THE OFFICIAL CLUB BULLETIN OF THE ROTARY CLUB OF POLOMOLOK 101



Volume 2 | Issue 9 | Series of 2022 | March 2023



March is Water & Sanitation Month





OFFICERS AND DIRECTORS RY 2022-2023



JENNIFER JONES Rotary International President





EVERNIE ALFECHE President

FANNY

FERNANDEZ

Public Infor-



Vice Pres



LILU ALINO **District Governor** District 3860



MALOU TEOXON **PE/Secretary**





MAYVELYN URBANO Executive



JONG FERNANDEZ District Secretary



JADE RALLOS Treasurer

XAVIER

BAYAN



Auditor



LEO

BALDOSTAMON



DARNIE JANDIC International Service Director



CELEMA GRIÑO Administration Director

Imagine Rotary



RIZALDY CRUZ Sgt. At-Arms

MARIBEL ACUESTA

Memberhip Director

DEI Officer



OMAR GALLINERO CICO



MELANI DEYPALAN **Vocational Ser**vice Director



ESPIE MALIWAT **Public Image** Director



ROGELIO RALLOS, JR. **TRF** Director



ALAN INES **DRRM/Community** Service Director



EDWIN VALENCIA Asst. Governor, 3F



NIEVEN MAY ALFECHE **Protocol Officer**



Jennifer Jones

R.I. PRESIDENT'S MESSAGE

As we planned for this Rotary year, I could have never "imagined" the breadth of stories we would encounter nor the scope of the people we would meet. I find oxygen in sharing time with our members — hearing their truths and learning about their personal journeys and their deepest desires for goodness. And so it was that I encountered two very different men with very similar stories. One-hundred-year-old Genshitsu Sen is a remarkable human being and a joyful soul. We greeted each other in Kyoto, during my trip to Japan in November, with a hug and an instant connection.

Not only is Sen a former grand master of the Urasenke tea tradition but he is also an active member of the Rotary Club of Kyoto, where he has served as club president. He assisted in the charter of the Rotary Club of Kyoto-South. And he has also served as governor of District 2650 and held leadership roles in Rotary International and The Rotary Foundation.

During that same week, I had the great pleasure to record a birthday video for a 100-year-old World War II naval hero who is an exemplary leader and who served two terms as governor of District 5810 in Texas.

Both men are decorated World War II heroes in their respective countries and share unthinkable history. And although they served on opposing sides of the war, their stories are remarkably similar — and they are both honorable men who chose Rotary to carry on fives of peace-making.

I have been reflecting so much lately that we are all on this planet simply trying to do our best, and we are much more similar than we are different.

I feel incredibly fortunate to share in these stories and to meet such incredible people.

-Jennifer Jones

President, Rotary International

President's Page



By: EVERNIE ALFECHE President

Just recently, we had a "Germ-Buster" Project in which we educate students on the importance of Proper Hand Washing- benefiting over three hundred students of Mt. Matutum Christian School. Handwashing helps prevent spread of infectious diseases.

The creation of healthy habits during childhood is important to ensure lifelong healthy decisions and actions. Clean water and sanitation is a human right. When people, especially children, have access to clean water, sanitation, and hygiene, they lead healthier lives. Rotary members integrate water, sanitation, and hygiene into education projects. If the children will learn about disease transmission and the importance of practicing good hygiene, there will be less absences from classes because they are not prone to sickness.





By May Urbano Past Assistant Governor

Editor's Note

March is Water and Sanitation Month

Water is one of the most important substances on earth. All plants and animals must have water to survive. Without water there would be no life on earth. Clean, safe drinking water, sanitation and hygiene are critical to health and a priority of Rotary International.

More than 2.5 billion people lack access to adequate sanitation facilities. At least 3,000 children die each day from diseases caused by unsafe water. Rotary projects give communities the ability to develop sustainable water and sanitation systems and support studies related to water and sanitation.

As one of the Rotary's Areas of Focus(Water & Sanitation) the Rotary Foundation funds projects that:

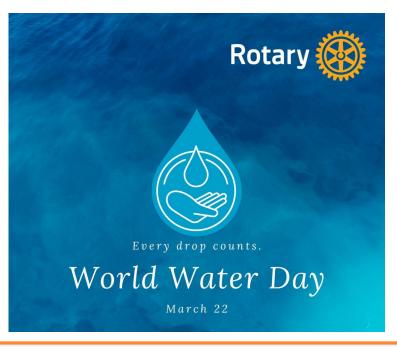
- Strengthen the ability of communities to develop, fund, and maintain sustainable water and sanitation systems.
- Provide equitable community access to safe water, improved sanitation, and hygiene
- Support programs that enhance communities' awareness of the benefits of safe water, sanitation, and hygiene.
- Support career-minded professionals' studies related to water and sanitation.
- Create tools and resources that facilitate, measure, and enhance high-quality water and sanitation projects worldwide

\$24 is all it takes to provide one person with safe water

23 million people now have safe water because of Rotary

21 million people have access to sanitation and hygiene thanks to Rotary projects









by Malou Teoxon Club Secretary

Roster of Members for RY 2022-23

NAME	CLASSIFICATION
1) Acuesta, Maribel D. "Bel" *RFSM1+2	Dental Services; Pediatrics
2) Alfeche, Evernie V. "Tata"	Management; Transport Services
3) Alfeche, Nieven May V. "Twinkle" *PHF	Management; Cooperative
4) Balano, Gladys D. "Glads' RFSM+3	School Registrar; Private
5) Baldostamon, Leo "Ducks"	Management; Restaurant Cafe
6) Bayan, Xavier J. "Bobet" PHF+2	Law; General Practice
7) Castaniaga, Lani A. "Lani" PHF	Management; Government Bank
8) Cruz, Rizaldy R. "Zaldy" PHF	Ärchitecture; Building
9) Deypalan, Melani G. "Mel" RFSM+1	Dental Services; Orthodontics
10) Fernandez, Fanny M. "Fan" PHF	Insurance; Life & Non-Life
11) Gallinero, Omar S. "Mar" PHF+1	Management; Photography & Events
12) Gallinero, Charo Lyca B. "Sweet"	Management; Nail Spa
13)Griño, Celema I. "Cel" RFSM+2	Dental Services; Hospital
14) Ines, Alan M. "Lan" PHF	Ädministration, Private School
15) Jandic, Darnie F. "Bing" PHF	Management; Spa
16) Maliwat, Esperanza C. "Espie" RFSM+1	Management; Real Estate Rentals
17) Pineda, Rona F. "Ron" RFSM	Management; Farm Resort
18) Publico, Troy M. "Troy"	Financial Advisor
19) Rallos, Jade N. "Jade" PHF+1	Medical Technologist
20) Rallos, Rogelio Jr. A. "Wang" PHF+5	Management; Medical Supplies Distribution
21) Sabellano, Ivie L. "Ivs" PHF	Management; Commercial Bank
22) Teoxon, Marilou A. "Malou"	Management; Travel & Tour
23) Torres, Mary Joy B. "Joy"	Management; Logistics
24) Tonguia, Tomas, Jr. S. "Tom"	Management; Commercial Banking
25) Urbano, Mayvelyn G. "May" PHF+1	Management; Fastfood Restaurant

***PHF**– Paul Harris Fellow

***RFSM-** Rotary Foundation Sustaining Member



"Perhaps dreaming is not so bad if one dreams good dreams and makes them come true."



The Club 101



by Jade Rallos Club Treasurer

Treasurer's Report

Understanding your Rotary Club Dues

It is important that you understand the how your contributions to Rotary work and the different fees and due dates. Rotary Club of Polomolok 101 bills its members two times per year. The invoices consist of Rotary International and Club fees. The fees are due on January 1 and July 1.

Rotary International bills RCP 101 for the number of members on record as of 30 June and 31 December each year. Rotary International sends the invoice to the RCP 101 President and Secretary. If you are on record as a member on the 30 June and 31 December, then you are responsible to pay your monthly dues.

Rotary (Club	ROTARY	F C	lub	Du	es	Pay	me	nt (Cha	rt 2	202	2-2	3
Name	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June	Bal
1. Maribel Acuesta D.													
2. Alfeche Evernie V.													
3. Alfeche Nieven May V.													
4. Balano, Gladys D.													-0-
5. Baldostamon, Leo													
6. Bayan Xavier J.													-0-
7. Castaniaga, Lani A.													-0-
8. Cruz, Rizaldy R.										 ✓ 			-0-
9. Deypalan, Melani G.													
10. Femandez, Fanny M.													
11. Gallinero, Omar S.													
12. Gallinero, Sweet B.							 						-0-
12. Grino Celema I.													-0-
13. Ines, Alan M.							~						-0-
14. Jandic, Darnie F.													-0-
15. Maliwat, Esperanza C.													-0-
16. Pineda, Roda F.													-0-
17. Publico, Troy													
17 Rallos, Jade N.													-0-
21. Rallos Rogelio Jr. A.													-0-
22. Sabellano, Ivie L.													-0-
23. Teoxon, Marilou A.													
25. Tonguia, Tomas Jr. S.													-0-
26. Urbano, Mayvelyn G.													



MATIC



Why Is Clean Water and Sanitation Important?

Why is clean water and sanitation important? This question has been asked for centuries. The answer is simple, but it can be difficult to understand why. For starters, dirty drinking water contains many harmful bacteria which can make people very sick or even kill them. Dirty water also poses a health risk because it can carry diseases that are not easily spread through other ways of transmission such as air or contact with objects.

By: PP Espie Maliwat Public Image Chair

Benefits Of Clean Water And Sanitation

Although clean water and sanitation may seem like a luxury, it actually has many benefits for society. For example, it is important that everyone in the community have access to these services because it helps to reduce diseases from spreading from person to person. This will not only improve the quality of life for people in developing countries but also ensure that they are able to work day-to-day without worrying about whether they will get sick from something as simple as dirty drinking water.

Finally, clean water and sanitation can help with economic development, this is because healthier citizens make up healthier communities. A population with good overall health means more working hands and brains less sick days! When you stop to think about it, clean water and sanitation are simple things that can have a massive impact on the world.

*CTTO

MARCH

"Life is a perspective and for me, if a human being has access to school, clean water, food, proper health care, that is the basis of human rights." Gelila Bekele



The Club 101



The Club 101







ROGELIO "WANG" RALLOS, JR. Past President/ TRF DIRECTOR



The Rotary Foundation News

Temporary funds established to provide disaster relief

As Rotarians, we can now support immediate relief for people affected by the devastating floods in Pakistan, the war in Ukraine, and the destructive earthquakes in Turkey and Syria.



Catastrophic earthquakes have devastated parts of Turkey and Syria, killing tens of thousands of people and destroying countless homes and other buildings. Rotary members are people of action, so when calamity strikes, we want to help. Recognizing the urgency of the situation, the Trustees of The Rotary Foundation have authorized contributions to the Turkey/ Syria Disaster Response Fund through 31 March to be directed to humanitarian relief efforts to help people in urgent need of housing, medical care, and other necessary basics.

Before that, the Trustees also established two temporary funds to respond to the flooding in Pakistan and the ongoing war in Ukraine. In Pakistan, devastating flash floods last year affected more than 33 million people, washing away 2 million homes and displacing 8 million residents. About one-third of the country was submerged. In Ukraine, around 18 million people, or 40% of the country's population, required humanitarian assistance by the end of 2022, according to the United Nations.

Contributions to both the Pakistan fund and the Ukraine fund will be accepted through 31 December. The funds will be available to districts through grants until 30 June 2024. After that, any funds that haven't been spent will be transferred to the general Disaster Response Fund to be used for disasters worldwide.

To help these communities, we can share by donating through Annual Fund.







What is insurance and why is it important?

by: Troy Publico AXA SENIOR FINANCIAL ADVISOR

Insurance can be a mysterious and puzzling thing. How does insurance work? What are the benefits of insurance? And how do you find the best insurance for you? These are common questions, and fortunately, there are some easy-to-understand answers for them.

What is insurance?

Insurance is a financial safety net, helping you and your loved ones recover after something bad happens — such as sickness, a fire, natural disasters or car accident. When you purchase insurance, you'll receive an insurance policy, which is a legal contract between you and your insurance provider. And when you suffer a loss that's covered by your policy and file a claim, insurance pays you or a designated recipient, called a beneficiary, based on the terms of your policy.

The most difficult thing about insurance is that you're paying for something you hope you never have to use. Nobody wants something bad to happen to them. But suffering a loss without insurance can put you in a difficult financial situation.

What are the benefits of insurance?

Insurance is an important financial tool. It can help you live life with fewer worries knowing you'll receive financial assistance after a disaster or accident, helping you recover faster. When it comes to life insurance, this could mean your family doesn't have to move out of the house or that your kids can afford to go to college. For auto insurance, it could mean you have extra cash in hand to help pay for repairs or a replacement vehicle after an accident. Insurance can help keep your life on track, as much as possible, after something bad derails it.

Your independent insurance agent is a great resource to learn more about the benefits of insurance, as well as the benefits in your specific insurance policy.

How does insurance work?

Insurance is essentially a gigantic rainy day fund shared by many people (called policyholders) and managed by an insurance carrier. The insurance company uses money collected (called premium) from its policyholders and other investments to pay for its operations and to fulfill its promise to policyholders when they file a claim.

Because of the unpredictable nature of natural disasters - an insurance company's main goal is to remain financially strong enough to handle anything that comes its policyholders' way.

Buying insurance on your own can be like climbing a mountain without an experienced mountaineer to help you get to the top. An independent insurance agent is the ultimate guide to help you find insurance that's the perfect fit for you.

Reference: The Grange Insuance



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By: PAG MAY URBANO

International Women's Day is a special day to celebrate the achievements of women around the world. It is a great opportunity to recognize and honor all the hard work and dedication that women have put in over the years. As women of Rotary Club of Polomolok 101 we also celebrate Women's Month in our simple, little ways. Despite our busy schedules, we make time to meet and hang out with each other's company. We believe that friendships are special relationships that we can share any ideas, support, show affection, respect and love with each other despite the age gap and status in life. Friendships can be fulfilling, nourishing, and may even contribute to our health and well-being. Cheers to all Lady Rotarians around the world! It's a great day to be a WOMAN!



History of the Rotary Club of Polomolok 101

<u>The Rotary Club of Polomolok 101 was officially chartered as a legitimate club by</u> Rotary International, through the efforts of its mother club – the Rotary Club of Midtown Gensan -on August 31, 2005. As early as February 2003, there were already numerous attempts to organize a Rotary club in the municipality of Polomolok, but it was only in January 2005 when persistence finally paid off. With the blessing of RC Midtown Gensan, Omar Gallinero became the new club's Charter President, leading 25 other charter members with various classifications. Rotary Club of Polomolok 101 was formed under the leadership of Len Magno as then the District Governor of 3860.

The club's name is suffixed with the number 101 for two significant reasons: one, the club was founded on Rotary International's 101st foundation anniversary; and the club was the 101st club to be chartered under District 3860.

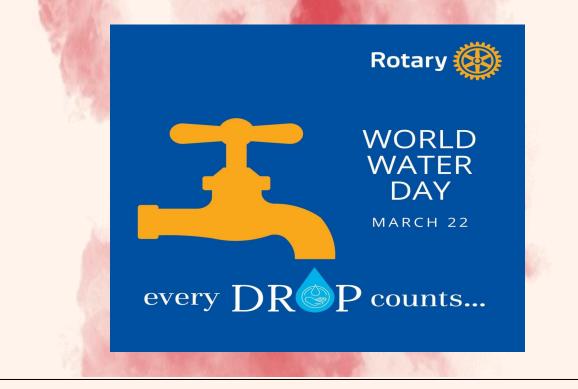
The Rotary Club of Polomolok 101 was registered under District 3860, Area 3F with Club Number 70517. To date, the Club runs on man-strength of twenty five(25) committed individuals.

<u>Mission Statement</u>

The mission of Rotary International is to provide service to others, promote integrity, and advance world understanding, goodwill, and peace through its fellowship of business, professional, and community leaders.

<u>Vision Statement</u>

"Together, we see a world where people unite and take action to create lasting change – across the globe, in our communities, and in ourselves."





Meeting @ Downtown Blvd Women's Month Celebration March 8, 2023







Make Over tutorial By Rtn Sweet



The Club 101

VOLUME 2 | ISSUE 9 | MARCH 26, 2023





March 15, 2023 Dinner @ Outback Steakhouse & Wines





The Club 101





PP Gladys,PP Celem, & Rtn Jade's triple Birthday Celebration @ Mirko Polo Farm March 20, 2023





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The Club 101
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PAG Alan M. Ines



Your Life is your Life!

One of the most powerful and life changing things you can do is to accept responsibility for your life and happiness.

Stop making excuses or blaming other people YOU DECIDE HOW TO LIVE EACH DAY

Your LIFE is an Amazing GIFT! Look inside of yourself and recognize how you are Capable of so MucH!

BM ALAN M. INES Past Assistant Governor

The

DEDICATED TO

Doing Good Together

Polomolok 10

Rotary

Rotary Foundation WE'RE DEDICATED TO DOING GOOD TOGETHER--TO SERVICE ABOVE SELF. WHEN YOU GIVE TO THE ROTARY FOUNDATION, WE CAN FUND PROJECTS IN COMMUNITIES THAT NEED OUR HELP THE MOST. PROJECTS THAT:

HELP REFUGEES PROVIDE CLEAN WATER GROWN LOCAL ECONOMIES PREVENT AND TREAT DISEASE

EVERY DAY, OUR MEMBERS RESPOND TO CHALLENGES BIG AND SMALL, EMERGING AND ONGOING. LET'S CONTINUE DOING GOOD TOGETHER.

MAGINE DONATE TODAY: HTTPS://ON.ROTARY.ORC/3YOFHCA







24th General Membership Meeting Rotaract Induction of Officers Fellowship Night 20th March 2023/ 5pm/ Mirko Polo Farm

Program

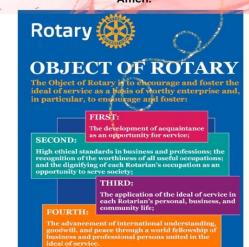
CALL TO ORDER. INVOCATION. NATIONAL ANTHEM. THE OBJECT OF ROTARY. WELCOME ADDRESS. INTRODUCTION OF GUESTS. INDUCTION CHARGING OF PRESIDENTS INDUCTION OF OFFICERS INSPIRATIONAL MESSAGE CLOSING REMARKS. ADJOURNMENT. PREXY TATA ALFECHE RTN SWEET GALLINERO PP FANNY FERNANDEZ RTN TROY PUBLICO PP CELEM GRIÑO PE MALOU TEOXON

PP WANG RALLOS PP XAVIER BAYAN PAG ALAN INES PREXY TATA ALFECHE PREXY TATA ALFECHE

Moderator- IPP Lani Castaniaga

Invocation

Almighty Father, we invoke a blessing upon this occasion of Rotary Meeting & fellowship. Make us aware of the deeper significance of our meeting as we develop our friendships as the source of Rotary service. Service that radiates from this community to the wider community beyond. May each of us in our daily routine come to know the joy of caring and sharing with others not as fortunate as we are. Help us to serve humbly and willingly as we focus on the needs of our community. Thank you for our gifts and help us to use them wisely. Amen.



Way Test

of the things we think, say and do

1. Is it the TRUTH?

2. Is it FAIR to all concerned?

3. Will it build GOODWILL and BETTER FRIENDSHIPS?

4. Will it be **BENEFICIAL** to all concerned?

Sunshine Greetings!

Happy Birthday!

Treas. Jade

March 21-PP Celem

March 22-PP Gladys

The Rotary Hymn by George Canseco

I. I want to be a Rotarian for the world, Make the Rotary flag be a flag of peace unfurled; I shall serve my community, Help achieve universal unity Through Rotary, I shall dedicate my all, World understanding shall be my cherished goal.

Chorus: With the Four Way Test I will pursue my quest And if I, in a way help obtain Peace in the world We shall not have lived in vain.

II. I observe service above self, Lend a hand to all who need my help; I'll get my spouse to involve in Rotary And in Rotary ways I will train my family. (Back to Chorus)

III. Build a bridge for tomorrow's youth, Strengthened by nothing but the truth; Let's join our hands, there's no reason we'll divide. We shall all understand, while the good Lord is our guide. (Back to Chorus)

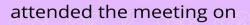
IV. Peace be achieved, We shall not have lived in vain.



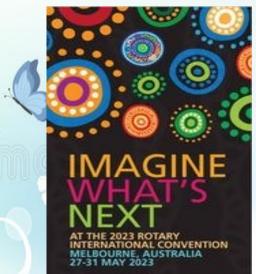
President



This is to certify that Rtn.













······ Our Sponsors ·····

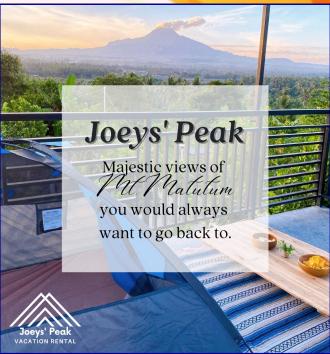


Baan TessaRo

YOUR HOME AWAY FROM HOME Km 1693, Tango, Glan Sarangani Province pw-key abode to relax in, sitting along the blacksand bea

away from the hustles and bustles of city life.

https://www.facebook.com/baantessaro













The Club 101

